

January 2024



RETIRED MENS CLUB OF CAPE COD
P.O. Box 746 - South Dennis, MA 02660

www.retiredmensclub.com



NEXT MEETING - Thursday, January 11

St. David's Episcopal Church, South Yarmouth

The meeting begins at 1 p.m.

PRESIDENT'S MESSAGE

Greetings to all as The Retired Men's Club of Cape Cod begins a new year. Although we did not have a formal meeting in December, we did have our Holiday Luncheon at The Loft which was attended by 84 members and spouses. The food was great, the entertainment excellent, and we heard many positive comments on this function. As George's last official act as President, he awarded the Clubman of the Year Award to Lou Ferreira. Congratulations to Lou for a job well done. There have been a lot of changes that have taken place in the last year, and I wanted to review them with you. First, on behalf of the Executive Committee, everyone would like to thank George Cappola for stepping up and serving as our organization's President for the last two years. George had previously served as President in 2016 and 2017 and when the club needed to fill the position in 2022, George stepped in and did a commendable job for 2022 and 2023. The club currently doesn't have a president, so I am currently overseeing the administration until such time as the Executive Committee elects a new president. The Executive Committee has also had many changes in the past year with the retirements of Joe Bioty, Frank Cloran, Paul DeSisto, Dennis Mascio, Brian O'Toole, Bill Peters, and Jack Puleo. Thank you all for your service. We have been fortunate to have Bob Badaracco, Fred Emanuelson, Dick Fecteau, Gary Gyss, Tom Hughes, and Frank Zappulla join the Executive Committee during 2023. These six individuals are joining Dick Coughlin, Dick Donovan, George Cappola, Lou Ferreira, John Lynch, and Paul McDonough to serve as your Executive Committee for 2024. We all look forward to serving with the new members.

Lou Ferreira will continue to serve as our Treasurer and Dick Donovan as our Assistant Treasurer. John Lynch will continue as our Secretary and Dick Fecteau as our Assistant Secretary. John will also oversee our newsletter. Paul McDonough will continue to oversee speakers. Gary Gyss and Bob Badaracco will be involved with membership. Bob is also in charge of our website and technology. Tom Hughes and Frank Zappulla will continue to run our golf program and Dick Donovan will oversee bowling. So, as you can see the club is in good hands.

In the past from 2017 to 2019 the club averaged eight social events per year. When COVID hit us in 2020 we were slowed down to only two events per year, and this has continued for the last four years. It is the hope of the Executive Committee that we can expand the number of social events this year. Not necessarily back to the 2017-2019 area but more than we have had for the last four years. Under the leadership of Gary Gyss the club has begun to offer more small group activities which have been well accepted. In the last year we have begun with a walking group, a biking group, cornhole and shuffleboard which are open to members and guests. We have also begun a monthly Investment Group meeting and a Retired Old Men Eating Out (ROMEEO) group. This year we hope to implement a bocce group including guests and a chess group. Thus, we find ourselves having replaced our social events with organized groups meeting on a regular basis. Many thanks to Gary for having worked hard to get these activities off the ground.

The Executive Committee is looking forward to another year of monthly meetings with interesting speakers, our annual five spring and five fall golf outings, weekly bowling from September through May, increased social activities, and stimulating small group activities which will hopefully be supported by our membership. The Executive Committee encourages member suggestions for monthly speakers, interesting social activities, and any other ideas that you feel may help the club prosper in the future. It is a great club, and we encourage your participation to make it a better club.



Dick Coughlin

On behalf of the Executive Committee

RMC January 2024 Program

Alliance to Protect Nantucket Sound

Speaker: Audra Parker

Our guest speaker for the January 11 meeting is Audra Parker, President & CEO of the Alliance to Protect Nantucket Sound also known as Save Our Sound (SOS).

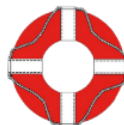
www.saveoursound.org

The Alliance mission is to secure permanent protection for Nantucket Sound by designating it as a National Historic Landmark. Nantucket Sound is the historic body of water that lies between Cape Cod and the islands of Martha's Vineyard and Nantucket.

The Alliance was formed in 2002 in response to Cape Wind's proposal to build a 25-square-mile wind energy project in the Sound. The goal of the Alliance is to permanently preserve Nantucket Sound's rich ecology, protect traditional uses like fishing and recreation, address water quality issues and other effects of climate change, and prevent inappropriate development. The Alliance supports responsibly sited renewable energy development and the use of coastal marine planning to identify appropriate sites for development. Alliance supporters include environmentalists, chambers of commerce, fishermen, Native American tribes, ferry operators, airport commissions, business trade groups, municipalities, homeowners, and others.

Audra Parker has been with the Alliance since 2003. She has over 30 years of experience in strategy and business management, has consulted to a wide range of industries, and is active in local community affairs. She holds an MBA from the MIT Sloan School of Management and a Bachelor of Science in Applied Mathematics and Economics from Brown University. Her previous experience is in the private sector with positions in executive management, strategy, and marketing at MapInfo in New York, Bull Information Systems in Boston and Paris, and Microsoft in Seattle.

We hope to see you at the January 11 meeting and hear from our guest speaker as she provides us with an informative overview on the interesting work of the Alliance.



Membership Report for January 2024

Thank you for being a member of the Retired Men's Club of Cape Cod. We hope you will continue your membership with us by renewing your membership for 2024.

Payment Due: \$25.00/year

Make checks payable to: Retired Men's Club of Cape Cod

Send Payment to: RMC - Membership, PO Box 746, South Dennis MA 02660

We have one new member since last month, please welcome John Forcier to RMC.

If you are a Facebook member, if you haven't visited our page, search for the Retired Men's Club of Cape Cod. We have 30 followers. Nice job, Bob MacLean.

There are still quite a few of you who have not paid your 2024 dues. You can do so by bringing a \$25 check to the January meeting next Thursday January 11th.

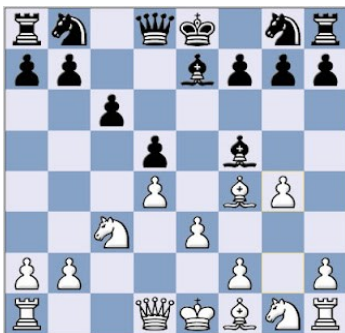
Gary Gyss gigyss@gmail.com

Investment Discussion Group

Investment Discussion Group meets on Thursday January 18th at 2:30-4:00 PM at the Kings Way Meeting Hall.

If you plan to attend, e-mail Dick Coughlin rpcoughlin1@yahoo.com

Chess Group



Meetings every third Thursday 10:30-1 p.m.

Station 2- Yarmouth Fire Station (340 Route 6A)

The link to the registration form is:

<https://www.retiredmensclub.com/chess-registration.html>

R.O.M.E.O

Our R.O.M.E.O group meets at Jack's Outback on Thursday January 18 at 8:30 am .

Come join us. Just let us know that you are coming so we can reserve a seat.

Contact Gary Gyss gigyss@gmail.com

Here's a picture from our December get together.



WHERE: Eagles Nest Restaurant at Dennis Highlands Golf Course.

WHEN: Wednesday. January 17, 2024 from 3 to 5 pm.

WHAT: Cornhole (with RANDOM partners) and general socializing — followed by a "Sandwich Buffet" (3 types of sandwiches, pasta salad, potato salad, chips, soft drinks and cookies)!

WHO: RMC members wives/partners and non-member guests. Not everyone is required to play Cornhole. Registrants can just participate in the "Buffet".

PRIZES: 60% of the Cornhole proceeds will be awarded to those holding raffle tickets (given out at registration). It doesn't matter how well you play — it's a blind drawing. The remaining 40% of the Cornhole proceeds will be going to the RMC Charitable Donations Fund.

COST: CASH at REGISTRATION, please!

Cornhole and Buffet: \$25 per person

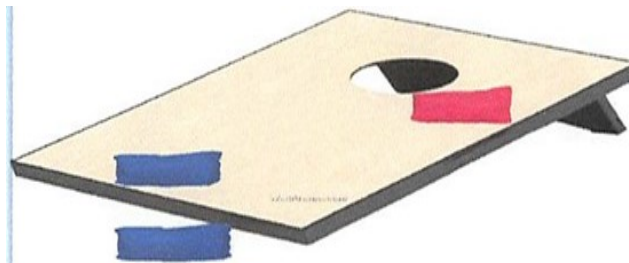
Cornhole ONLY: \$5 per person

Buffet ONLY: \$22 per person

No experience necessary. Equipment provided.

**Last Pre-registration: January 13, 2024
(Mandatory) Pre-registration Required.**

Click [HERE](#) to signup.



Hello Golfers

Your golf committee has been busy the past month or so in upgrading the process for golf registrations and getting the Spring and Fall line up set for the 2024 season.

The Spring line up is set as follows: 4/29/24 - Ocean Edge, 5/6/24 - Olde Barnstable, 5/13/24 - Falmouth Country Club, 5/20/24 - King's Way and 6/3/24 - Quashnet Valley. Please put these dates in your calendar. All events will be a shot gun start in the morning with details to follow in the coming months.

We are working to complete the Fall line up and will share that information as soon as it's finalized. If you've participated in RMC golf in the past we hope you continue to in 2024 and if you're interested in participating all you need to do is register when registration opens later this Spring.

Thank you and Happy New Year.



RMC Shuffleboard

The Holiday's and illnesses put a dent in the participation of the RMC Shuffleboard at the Dennis Senior Center. Hopefully the new year and colder weather will see more participation as we move into the newest section of the center in January.

In any case there is still room for more to join in this activity. To join you can be an RMC member, family member or friend (we're opening up the requirements in hopes of getting more participation) So come down to the Dennis Senior Center on Monday from 2-4 to explore this new activity.



Learn Cribbage

I plan to teach Monday Jan. 15 at either 3:00 pm or 6:00 pm at my house. Those who wish please email or call me with your preferred time. Thanks Jack (508-760-1999) or jkpuleo99@gmail.com

RMC Bowling



We are averaging about 32 bowlers per week, so there is plenty of room for additional bowlers, particularly with the escape of some to Florida and other locals. 50/50 raffle winners were Len Solomon, Don Bell and Bob Begin. Lou Amelia had two Red Pin strikes in the last month.

Dick Donovan

(RMC bowling results are posted on the next page)

Sunshine Committee



If you know any infirmed RMC members,
or in the case of a death, be sure to contact:
John Lynch jjlynch11@comcast.net

[Www.retiredmensclub.com](http://www.retiredmensclub.com)

RMC members are urged to explore our website. You can get the monthly newsletter, a membership application, a listing of officers & committees, RMC Site Help and submit your suggestions (Talk2Us).



Retired Mens Club

Tuesday 12:30 pm

Ryan Family Amusements-Yarmouth

Lanes 1 - 8

Team Standings

Place	#	Team Name	%Won	Points Won	Points Lost	UnEarned Points	Y-T-D % WON	Year-To-Date WON	Y-T-D LOST	Games Won	Scratch Pins	Pins + HDCP
1	3	Owls	61.1	88	56		61.1	88	56	32	21707	22562
2	5	Buzzards	54.2	78	66		54.2	78	66	29	22801	22876
3	1	Falcons	52.1	75	69		52.1	75	69	28½	22605	22647
4	7	Harriers	50.0	72	72		50.0	72	72	27	22051	22279
5	2	Ospreys	48.6	70	74		48.6	70	74	27	22380	22527
6	8	Merlins	46.5	67	77		46.5	67	77	25½	21982	22393
7	4	Eagles	45.8	66	78		45.8	66	78	24	21849	22323
8	6	Vultures	41.7	60	84		41.7	60	84	23	21396	22350

Lane Assignments

	1-2	3-4	5-6	7-8
Today	6- 4	1- 7	2- 5	8- 3
Next Week	5- 8	3- 2	7- 6	1- 4

Season High Scores

Team Scratch Game	Team Scratch Series	Team Handicap Game	Team Handicap Series
493 Ospreys	1369 Buzzards	503 Ospreys	1383 Merlins
480 Buzzards	1333 Ospreys	484 Eagles	1369 Buzzards
471 Falcons	1323 Eagles	480 Buzzards	1367 Ospreys
471 Eagles	1309 Falcons	474 Merlins	1356 Eagles
Scratch Game	Scratch Series	Handicap Game	Handicap Series
148 Frank Cloran	352 George Cappola	134 Frank Cloran	341 Frank Cloran
127 George Cappola	341 Frank Cloran	127 Lou Amelia	332 Lou Amelia
127 Lou Amelia	332 Lou Amelia	126 George Cappola	319 George Cappola
118 Chris Eldredge	317 Chick Merchant	117 Chick Merchant	317 Chick Merchant

Team Rosters

Name	Avg	Pins	Gms	High Game	High Sers	Name	Avg	Pins	Gms	High Game	High Sers
1 - Falcons						2 - Ospreys					
George Cappola	99	5059	51	127	352	Len Soloman	70	2745	39	100	237
Dick Donovan	85	4097	48	104	300	Wayne Newcomer	85	3574	42	106	288
Jim Barba	75	3839	51	99	252	Ron Perrier	80	3633	45	97	264
Paul Rooney	81	3184	39	107	276	Dick Fecteau	88	4756	54	107	299
Wayne Hicks	77	3183	41	96	265	Chick Merchant	91	4951	54	117	317
3 - Owls						4 - Eagles					
Joe Bioty	92	4140	45	113	308	Frank Cloran	93	4215	45	148	341
Ron Steiner	80	2178	27	115	270	Don Bell	89	2146	24	111	290
Tom Murphy	83	3986	48	105	286	Dave Byrne	80	3152	39	106	285
George Anastas	78	3746	48	100	257	Bob Ward	76	3669	48	100	256
Bob Maclean	70	2328	33	94	262	Frank Fields	67	3466	51	90	235
5 - Buzzards						6 - Vultures					
Peter Adams	80	3616	45	102	278	John Burrell	67	338	5	83	222
Brian Glinaki	81	3178	39	99	271	Bill Hemr	80	960	12	96	259
Fred Emanuelson	87	4197	48	113	303	Wayne Fontain	70	638	9	98	238
Jack Puleo	77	3629	47	103	269	Bill Zellers	84	3540	42	113	294
Lou Amelia	96	4337	45	127	332	Tony Pace	89	4299	48	107	301
7 - Harriers						8 - Merlins					
Ted Kontaxis	90	4864	54	113	297	Jim McMahon	88	4239	48	115	293
Chris Eldredge	84	4551	54	118	302	Gary Merton	88	3716	42	112	298
Kevin Cronin	77	2092	27	95	252	Bob Begin	90	3529	39	113	289
John Fanara	78	3303	42	103	263	Bob Janek	78	472	6	101	262
Dick Coughlin	78	3690	47	93	257	Frank Stramowski	67	1616	24	80	218

Thank you to RMC for charitable Donations



CAPE COD HEALTHCARE
FOUNDATION

Post Office Box 370, Hyannis, MA 02601
508/862-5600 • Fax 508/790-3532 • www.GivetoCCHC.org

Thank you for your investment in Cape Cod Healthcare.

Gift Date: 11/29/2023

Gift Amount: \$100.00

In Support of:
VNA of Cape Cod Hospice

Mr. Richard Coughlin
Retired Men's Club of Cape Cod
PO Box 746
South Dennis, MA 02660

Thank you for your donation. Gifts like yours make an extraordinary difference in the health of our families and communities on Cape Cod.

Please keep this receipt for your tax records. Donations to Cape Cod Healthcare Foundation are deductible for income tax purposes as provided by law. Under IRS regulations, no goods or services have been received in exchange for this gift. Cape Cod Healthcare Foundation is a 501(c) (3) not-for-profit organization. Tax ID#: 04-3475950.



SOCIETY OF ST. VINCENT de PAUL
Our Lady of the Cape Church

gratefully accepts your gift of \$ 100 *Support in memory of*

Our Mission

Thank you for your continued support of the Omeal Program/ Paper Pantry at St. David's.

Your support helps us to provide over 270 people with food & personal care products. We could not do this without funds from groups like the RMCC.

Thank you again for your generous support.
Best regards,

Richard Banks

Alzheimer's Family Support Center

2095 Main Street • Brewster, MA • 02631
info@capecodalz.org • www.alzheimerscapecod.org



12/19/2023

Chairman Richard Coughlin Retired
Men's Club of Cape Cod
Box 746
South Dennis, MA 02660-0746

Dear Chairman Richard Coughlin

Thank you so much for your donation of \$ 125.00 . Given how challenging the year has been, we are especially grateful for your generosity.

Our commitment to providing excellent free support services remains the AFSC's only mandate, even as our numbers and scope have grown. During the COVID-19 pandemic we moved all our services online, training scores of caregivers and people living with dementia disease to use ZOOM as an effective way to remain connected to their community. We have begun to return to in-person services in the community, even as our Zoom programs continue. And we have opened the Alzheimer's Family Community Center at the Cape Cod Mall.

Needless to say, none of this would be possible without supporters like you. We look forward to the year ahead with hope, optimism, and above all, gratitude.

Here's to a healthy New Year!

A handwritten signature in black ink, appearing to read 'Molly Perdue'.

Molly Perdue, PhD
Executive Director, Alzheimer's Family Support Center



*The Retired Men's Club wants to thank
Chapman Funerals for their continued support*

FUNERALS & CREMATIONS

CHAPMAN



Morris O'Connor Chapel

58 Long Pond Drive
S. Yarmouth, MA 02664
508-398-2121

Blute Chapel

678 Main Street
Harwich, MA 02645
508-432-6696

www.chapmanfuneral.com

Formerly known as

Morris, O'Connor & Blute



Funeral Home